

DIGESTION AND THE ROLE OF ENZYMES

By Ellen Diann Messer

If I have learned anything important about nutrition and natural healing, I would say the knowledge about enzymes is one of the most important aspects of nutrition. Nothing happens in the body without an enzyme leading the way. The DNA and the RNA directs and controls everything that happens and the enzymes do the work. Enzymes lead the genes to their proper position during cell division. Enzymes move every chemical and metabolic process that takes place. When your body no longer produces metabolic enzymes basically, life ends. There is no life without enzymes.

The Lord taught me that the DNA is made up of HIS WORDS and these Words are a LIVING WORD, not a program. The Wisdom that God put in our inmost parts directs and controls every aspect of life and the source of creating your Temple. Your spirit is ONE DNA and that DNA is a living Word that is the LIFE of every cell. I did not understand what enzymes were by the Spirit and I asked the Lord to show me. He of course led me to study what science observes about enzymes. The Lord requires us to study to show ourselves approved. Wisdom and understanding come only from Him, but we have to diligently seek knowledge. The error men make is when they do not acknowledge God in trying to understand what is observed.

I learned that ENZYMES are living proteins derived from LIGHT. Cells capture the energy of PAR light (light that can be seen, not xray light etc.), and then transfer this light energy to an organelle in the cell which in turn transforms light energy into chemical energy. Science has no clue how this light energy is transformed into chemical energy.

The chemical energy produces ENZYMES. There are hundreds of different enzymes and thousands of processes necessary for life. There is no life without enzymes leading the way. I am guessing that the Enzymes are like the Holy Spirit. The DNA is the Word that creates and the enzymes are like the Holy Spirit that acts on the Word. The Word of God says that in HIM, (the Word) we live, and move and have our being. Interestingly, nothing has life, and nothing moves without an enzyme leading the way.

The energy of enzymes is a frequency like a radio wave and is seen as light. Science does not know what this light frequency is and those who study genes have called it genie. Enzymes responds to the instructions of the DNA and RNA. God is the creator and only God gives breath and life to all of creation. God is light and He is the WORD. IN HIM, we live and move and have our being. God is the God of the Word in the DNA. God is also a consuming fire the ultimate light, like the fire of an atom blast. The energy in the ATOM blast is the energy of God returning to Him. For all things come from God, through God and returns to God.

What significant role do enzymes have with diet and digestion? If the body produces enzymes, what does it matter if the food has living enzymes?

The answers to these questions are (1) Enzymes digest the food and MOVE the food to feed the cells, (2) The body produces enzymes for metabolic purposes and for digestion, HOWEVER, God designed the foods with enzymes for the digestion of THAT food. Our bodies have been given a limited ability to produce enzymes. When enzyme production ceases we are dead. Forcing the body to produce enzymes that should have been in the

food is robbing the body of life giving enzyme production. Basically, shortening one's life span. When we are young this over working of our enzyme production is not even noticed, but as we age, digestion slows down, energy levels are low and indigestion becomes common place. What is the answer. ENZYMES! The more enzymes you ingest the better. Enzymes promote cellular communication, nourishment, cleanliness, and life. Drinking juice from freshly juiced vegetables and fruits is a great source of enzymes, as well as taking enzyme capsules during and after meals.

My personal theory about the DNA and enzymes is that the DNA is a God breathed Word about creation and the DNA is the Book that God put all the information about creation. God saw your substance before He formed you in your mother's womb and I believe that substance is His Word. You are ONE DNA and I believe the DNA is spirit, a God breathed word. The DNA in our cells does not mean there are many of you, just a replica that creates your earth suit. God clothed you with flesh in your mother's womb fearfully and wonderfully. God is the Spirit of Life and He forms every cell and orders the place and working of every cell. His creative work in YOU is continuous for IN HIM you live and move and have your being. God's Word is the master stem cell. He is continuously weaving you as He gives you LIFE. If cells stopped creating new cells, we would die. If Enzymes stopped doing the instructions of the DNA and RNA we would die.

Every DNA is a Master Stem Cell because God's Word about you is manifested in the DNA of every cell. Though every cell has a DNA, you are just one DNA and the body is an earth suit that looks like your spirit man. The DNA determines the way you look and your spirit man is one DNA. When Paul was taken by God to the third heaven, Paul did not know if he was in the body or out of the body.

The DNA along with the RNA gives life and controls what the cells become and what their assignments are. The power to heal is from God, who is the God that heals all of our diseases. The body has no power to heal and no glory should be given to flesh by saying your body heals itself. Our bodies are the temple of the Holy Spirit. The Word of God is the only power that heals and He is the God that heals all of our disease. To say the body heals itself is to glorify the flesh. No flesh should glory in God's presence.

Our life is from God and the DNA is God's Word about us. He is the LIVING WORD and we are His living Epistles. We are living stones! Our DNA is NOT a program, but rather a LIVING WORD. In Him (God's Word), we live and move and have our being. *1 Pet 2:4-5 Coming to Him as to a living stone, rejected indeed by men, but chosen by God and precious, 5 you also, as living stones, are being built up a spiritual house, a holy priesthood, to offer up spiritual sacrifices acceptable to God through Jesus Christ.*

The following quote will give you the knowledge to know that you need to eat more living foods and if you eat cooked foods to take enzymes before and after you eat. Enzymes taken on an empty stomach are great for cleaning the blood, lymph, and colon of undigested foods.

Quote: Enzymes have been shown to have the ability to digest excess fibrin (protein buildup) in the blood, allowing for improved blood viscosity. Stacked red blood cells (o2r Rouleau effect) often reflect poor protein digestion. Symptoms can include fatigue, stress on the heart, and poor circulation. Enzymes have been shown, using darkfield microscopy, to significantly reduce stacked red blood cells. Below, you can see the effect of enzymes reducing stacked red blood cells. End quote.



Retrieved from web site November 13, 2006 <http://www.healingdaily.com/detoxification-diet/enzymes.htm>

Quote: “Dr. Kouchakoff’s discovery concerned the leukocytes, the white blood cells. It was found that after a person eats cooked food, his/her blood responds immediately by increasing the number of white blood cells. This is a well-known phenomena called 'digestive leukocytosis', in which there is a rise in the number of leukocytes - white blood cells - after eating.



Since digestive leukocytosis was always observed after a meal, it was considered to be a normal physiological response to eating. No one knew why the number of white cells rises after eating, since this appeared to be a stress response, as if the body was somehow reacting to something harmful such as infection, exposure to toxic chemicals or trauma.

Back in 1930, the Swiss researchers at the institute of Chemical Chemistry made a remarkable discovery. They found that eating raw, unaltered food did not cause a reaction in the blood. In addition, they found that if a food had been heated beyond a certain temperature (unique to each food), or if

the food was processed (refined, chemicals added, etc.), this always caused a rise in the number of white cells in the blood.

The researchers renamed this reaction 'pathological leukocytosis', since the body was reacting to highly altered food. They tested many different types of foods and found that if the foods were not refined or overheated, they caused no reaction. The body saw them as 'friendly foods'. However, these same foods, if heated at too high a temperature, caused a negative reaction in the blood, a reaction found only when the body is invaded by a dangerous pathogen or trauma.

The worst offenders of all, whether heated or not, were processed foods which had been refined (such as white flour and white rice), or pasteurized (a process in which milk is flash-heated to high temperatures to kill bacteria), or homogenized (also seen in milk where the fat in milk is subjected to artificial suspension), or preserved (chemicals are added to food to delay spoilage or to enhance texture or taste).

In other words, foods which were changed from their original God-given state.” End Quote.

Enzymes and Acid Reflux

by Ellen Diann Messer

According to natural doctors acid reflux is not because the stomach is producing too much acid, but because of lack of proper digestive enzymes. Foods are perverted through processing and are full of chemicals that destroy the life of the food. Enzymes are the life of foods and enzymes greatly aid in digestion and are responsible for moving the nutrients to their proper place in the Temple. When we process foods, the DNA of food is altered, the living enzymes are destroyed and life is gone out of the food. Then your body has to spend more energy processing the food than the energy derived from the food. It is no wonder that many cannot handle the normal stress of every day life.

The DNA of life is not a program, but rather a living word that communicates life and healing. To rob the food of the “life source” creates an extra burden on the human body to produce these living enzymes to digest foods, which weakens the immune system. At the same time, the perverted foods no longer have the vitamins and minerals thus leaving the cells malnourished and toxic.

Death follows perversions of the original DNA of food. God’s Word warns man that they have LIFE and DEATH set before them and they are commanded to choose LIFE. Choosing our foods to satisfy the lusts of the flesh, instead of the wisdom found in the dietary laws of God will lead to death. God is not mocked we reap what we choose or sow.

God’s Word is clear about hybrid foods. Deutronomy 22:9 “Thou shalt not sow thy vineyard with divers seeds: lest the fruit of thy seed which thou hast sown, and the fruit of thy vineyard, be defiled.”

Defiling God’s creation happens when we pervert food through cross pollination, as well as by processing and the addition of chemicals. The dictionary definition of defile is to debase the pureness or the excellence of, or to corrupt life. God’s excellence in creation is debased, corrupted, defiled, polluted and made filthy by man’s attempt to

improve what God created. Men are wise in their own eyes and though a way seems right to man its end is death.

Acid Reflux is a symptom that manifests because the conditions good for digestion are ignored by a science that rejects God and His Wisdom. Disease is not an accident; it is the result of choices. I pray this knowledge will assist you in desiring to study to show yourself approved so you will make health choices based on Godly knowledge. Hosea 4:6 For lack of knowledge my people are destroyed.

<http://www.MyMiracle.ws>

Visit my web site for more information and learn about the products that I take to keep my body clean and full of living enzymes. There is no power to heal in foods or in detoxification. The only power that heals is God's Word and His Word is working continuously to bring healing. For in HIM you live and move and have your being. Our job is to give God's temple a clean and well-nourished environment as we present our body as a holy sacrifice of praise. God has given us wisdom concerning diet and we should not discount any wisdom in the Bible because every WORD in God's Word is good for correction and instruction.

Lev. Chapter 11 clearly tells us to NOT eat certain foods. Isn't God's wisdom higher than man's wisdom? Isn't it naïve to believe everything a godless science tells us instead trusting God's Word?

Choose the wisdom you will serve this day and turn from all thinking that is rooted in earthly, sensual and demonic wisdom. If you sow to the flesh., you will reap destruction, but if you sow to the Spirit you will reap life. God's promise for healing is not a maybe, it is already done. To say God does not heal all the time is to say God does not save all the time. Didn't God receive stripes on HIS BACK for your healing? To say God won't heal you is the same as saying God won't save you. Healing and salvation were accomplished at the cross!

It is a question of it being God's Will because God has made it clear it is HIS WILL to heal and to save. WE are the problem, not God's Word. If you are not receiving your healing, stop doubting and start believing. Begin to seek God for Godly Wisdom and stop assuming God is dependent on evolutionary science that rejects Him. God's Word is greater than all x-ray's and the light of HIS WORD divides between the soul and spirit, joints and the marrow and even able to discern the intentions of a man's heart. It takes diligence, work and not growing weary in doing good to receive the healing of a body that took years of neglect to destroy. There are no magic pills, but there is a merciful God who tells us His Word is in our heart and in our mouth. Speak life to the dead bones of your spirit life and receive our healing.

Stop doing the things that BLOCK your promise of healing. Stop hanging out in the Wilderness of unbelief, doubt, and fear. Stop chasing after the wisdom of the world which is earthly, sensual and demonic and it scoffs at God's Word and Wisdom. We are created by God and God's Word is what gives us our LIFE. HIS WORD is not a program, but a LIVING WORD, His word is powerful, active and able to divide between the soul and spirit, the joints and the marrow and even able to discern the intentions of your heart. He is the God that heals ALL of your diseases.