

How To Take Alpha PXP

FOR BEST RESULTS DO NOT TAKE PXP with FOOD

We suggest taking PXP first thing in the morning and wait an hour before consuming anything else. Mix the PXP with 8-12 ounces of water to increase the surface area of the PXP. Or wait 2 hours after eating. (Also great before/during a “mid-afternoon slump”)

How Much?

Regular Dosage and Maintenance – 1 scoop per day 1 HOUR before breakfast or last thing before bedtime.

Therapeutic Dosage – Up to 3 scoops of PXP, 1 HOUR before each meal for 90 days. Start with one scoop week one, two scoops week 2, when ready move to 3 scoops per day. Always increase WATER to assist the body in the detox process.

When will I notice it? As one Doctor explained it to me:

“There are billions of cells in the body, all needing ATP. One scoop of PXP is maybe a million cells, so at first it’s a drop in the bucket. After enough days the body starts to get caught up on it’s cellular needs for energy to where the person starts to notice it more” - Dr. J.T.

People with chronic conditions – They usually take 3 scoops a day and often have faster noticeable results. They may also experience changes in a separate problem than the one they are seeking help with first.

Sensitive, or severely depleted people – Often notice changes and/or energy increases in the first 3-4 days

Healthy, high-energy people – These people often take longer to notice specific results.

Hang In There

I took PXP for 3-4 weeks and didn’t notice much of anything. I kept taking it because of some of the stories I had heard about it, and the idea of it giving the cells what they needed made sense. I don’t have anything particularly wrong with my body (no medications, etc.) except I have never had the kind of energy I have wanted.

About week 4 or 5 I began to notice my mental clarity and work stamina increased tremendously. I needed less sleep, but had more energy, especially mid-afternoon and late evening (my slump times). I also noticed that a small lump in my chest had reduced, and a mole on my back as well was gone after 3 months.